



District Grant Report

Rotary Club: Rotary Club of Whittier

Project Title: Oral Health & Nutrition Program – *Healthy Smiles Healthy Children*

Progress Report Final Report

1. Briefly describe the project. What was done, when and where did project activities take place, and who were the beneficiaries?

The Rotary Club of Whittier will provide a total of four days of oral health and nutrition days at West Whittier Elementary and Lydia Jackson Elementary the week of October 20th through 30th (2014) in the Whittier City School District, providing free dental screenings, fluoride treatment, oral health and nutrition education, and referral to care to approximately 800 elementary age children.

We are happy to report that the Oral Health Education team provided four School-Based Oral Health and Nutrition days at two Whittier schools: West Whittier Elementary School and Lydia Jackson Elementary School serving 815 students with Oral Health Education and Oral Health Kits; and 295 students (those who returned permission slips) received dental screenings and fluoride varnish application. All students were given 30-minutes of oral health education, a take home oral health kit, and Oral Health information in English and Spanish.

Overall, approximately 43% of students screened needed dental work, with 6% in urgent need. "Needing dental work" means treatment such as a filling, extraction, or space maintainer. Urgent needs students were identified as having a visible tooth infection, such as swelling, dental abscesses, or a toothache. The School's Health Aide will contact the parents to confirm that they have sought treatment. Follow up will be completed by the school and Children's Dental Health Clinic personnel, as needed. To ensure that families are aware of resources, an Area Dental Resources flyer which includes the Rotary Club of Whittier was sent home with every child screened, and was made available at the school health office.

2. How many Rotarians participated in the project?

Fifty percent (50%) of club members participated.

3. What did they do? Please give at least two examples.

Assistance with classroom training sessions, distribution of oral health kits, and escorting children to and from classrooms.

4. How many non-Rotarians benefited from this project?

Non – all members active in this project are Rotarians.

5. What are the expected long-term community impacts of the project?

Dental disease is the most chronic childhood disease, four times more common than Asthma. Children living with untreated dental disease are suffering from chronic toothaches and painful abscesses. They cannot eat, drink or sleep normally, have trouble focusing in school and miss more days of school as a result of dental pain. Untreated dental disease can also lead to systemic problems when infections in the mouth spread to other parts of the body. Dental disease can be the culprit behind ear and throat infections, and is also documented risk for cardiovascular disease and other conditions. The Oral Health & Nutrition Program – *Healthy Smiles Healthy Children* is an early intervention and prevention program that will contribute to healthier children by preventing future health issues and systemic problems.

6. If a cooperating organization was involved, what was its role?

The Rotary Club of Whittier, in partnership with Children's Dental Health Clinic and its licensed oral health educators conducted the oral health and nutrition program at West Whittier Elementary School and Lydia Jackson Elementary School. Additionally, the following partners assisted with matching funds towards the total budget of this project - Honorable Supervisor Don Knabe, and Corporate Sponsors PIH Health, Pacific Western Bank, and Republic Services.

Financial Report – Be sure that Income equals Expenditures!

7. Income	Amount
1. District Grant funds approved by the District	3,635.00
2. Club contribution	2,865.00
3. Other funding (specify)	1,500.00
Total Project Income	8,000.00

8. Expenditures - please be specific and add lines as needed - receipts must be attached

1. See Attachment	
2.	
3.	
4.	
5.	
6.	
Total Project Expenditures	\$8,000.00

9. By signing this report, I confirm that to the best of my knowledge these District Grant funds were spent only for eligible items in accordance with Trustee-approved guidelines, and that all of the information contained herein is true and accurate. Receipts for all grant-funded expenditures have been provided to the district. I also understand that all photographs submitted in connection with this report will become the property of RI and will not be returned. I warrant that I own all rights in the photographs, including copyright, and hereby grant RI and TRF a royalty free irrevocable license to use the photographs now or at any time in the future, throughout the world in any manner it so chooses and in any medium now known or later developed. This includes the right to modify the photograph(s) as necessary in RI's sole discretion. This also includes, without limitation, use on or in the web sites, magazines, brochures, pamphlets, exhibitions and any other promotional materials of RI and TRF.

Certifying Signature Charlene Dimas Peinado Date: 1/15/15

Print name, Rotary title, and club Charlene Dimas-Peinado, President, Rotary Club of Whittier