

The workshop is divided into 16 Sessions, all in the same location; Boys and Girls Club of Tijuana, A.C. The sessions begin with a brief presentation and expectations of the course by the participants, continuing with the theoretical part, a break, continuing with the practical part, a snack, and to conclude with a short introduction to the final activities of the day.

Each day different topics are taught with various activities that are described below:

- Sessions 1 to 8: Topics related to composting in general, as well as the environmental benefits and importance, materials that can be used and their proportions, different composting techniques and modules. In the seventh and eighth sessions, the group concludes with the elaboration of a compost using manure and oak leaves/earth so that it can later be used in vermicomposting.
- Sessions 9-14: Focus on vermicomposting, worm care, materials that can be used, modules, techniques and a worm planting activity was carried out in the compost previously made.
- Sessions 15-16: It focuses on the ways of using humus and worm leaching in different applications and a compost tea is prepared for foliar application, as well as monitoring previously sown vermicompost.
- A couple of weeks later, a follow-up is done to monitor the activity of the worms and a tentative feeding and splitting schedule is made.