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### Program Overview

#### Program

***Power Hour: Making Minutes Count*** helps Boys & Girls Club members ages 6-18 achieve academic success by providing homework support, tutoring and technology engaged activities. The program gives Club members assistance, resources and guidance in a safe place and under the supervision of qualified tutors. By encouraging members to develop a daily habit of completing homework and studying, in a dedicated space with adult support, Power Hour helps members make a commitment to school and learning.

By doing homework, members learn how to:

- Read and follow directions independently
- Apply lessons learned in school

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## Homework assistance and tutoring

- Specialized assistance to help Club youth achieve academic success
- Engaging homework and tutoring learning stations
- Encouragement to study and develop critical thinking skills

## Stakeholders

### Club Members

Elementary, Middle School and High School youth who regularly participate in quality afterschool programs;

- Develop strong social skills
- Are excited about learning
- Make gains in reading & math

### Parents

Power Hour gives parents peace of mind during out-of-school time by providing Club members with;

- Academic and homework support
- Safe and positive learning environments
- Partnership in preparing youth for college and career

### Staff

Our professional youth development staff are trained to implement this age-appropriate curriculum. Professionals identify what each member needs in order to achieve academic success. Skill-based, stand-alone lessons are designed to reinforce skills through tutoring, small-group enrichment and online stations in order to address individual learning styles.

## Approach

**Club** Boys & Girls clubs foster positive learning environments

**Facilitator** Boys & Girls Clubs' youth development facilitators believe all members can learn



## America After 3PM

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### America After 3PM: Afterschool Programs in Demand

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### Preventing Dropouts: The Important Role of Afterschool

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### Afterschool Alert: Taking a Year-Round Approach to Literacy

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### Afterschool Alert: Keeping Kids Safe and Supported in the Hours After School

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### Evaluations Backgrounder: A Summary of Formal Evaluations of Afterschool programs' Im

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## Curriculum

### Early Elementary School

Level K-2: Math

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Level K-2: Reading

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# Upper Elementary School

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Level 3-5: Math

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Level 3-5: Reading

## Middle School

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Lesson Guide: Middle School

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## High School

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Lesson Guide: High School

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## Additional Resources

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Program Guide: First Edition

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## Power Hour Online Suite

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Elementary Web Mix

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Middle School web mix

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High School Web Mix

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## Contact the Power Hour Team

Email: [PowerHour@bgca.org](mailto:PowerHour@bgca.org)

### Our Team

Chrissy Booth

[cbooth@bgca.org](mailto:cbooth@bgca.org)

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