**Flights**: depart Denver July 30<sup>th</sup> or 31<sup>st</sup>; return August 8<sup>th</sup> or 9<sup>th</sup>

Denver to San Jose, Costa Rica \$450 per person

You WILL need a passport!! If you don't have one, get on that now!
We will need confirm of who will be traveling with us by July 1st!!

I will need your name (as it is printed on your passport), birthdate, passport number and expiration date

## From the CDC:

### **Travel Recommendations for Fully Vaccinated Travelers:**

If you are fully vaccinated with an FDA-authorized vaccine or a vaccine authorized by emergency use by the World Health Organization:

- You do NOT have to get tested before leaving the United States, unless your destination requires it.
- You do NOT have to self-quarantine after you arrive in the United States.
- Before travel:
- Make sure you understand and follow all airline and destination requirements related to travel, testing, masking, or quarantine, which may differ from U.S. requirements. If you do not follow your destination's requirements, you may be denied entry and may be required to return to the United States.

### **During travel:**

- Wearing a mask over your nose and mouth is required on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and while indoors at U.S. transportation hubs such as airports and stations. Travelers are not required to wear a mask in outdoor areas of a conveyance (like a ferry or top deck of a bus).
- Travelers should follow recommendations or requirements in Costa Rica, including mask wearing and social distancing.

### Before you travel to the United States by air:

All air passengers coming to the United States, including U.S. citizens and fully vaccinated people, are required to have a negative COVID-19 test result no more than 3 days before travel or documentation of recovery from COVID-19 in the past 3 months before they board a flight to the United States.

## **After Travel:**

You should get tested with a viral test 3-5 days after travel Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms. Follow all state and local recommendations or requirements.

#### **Travel Recommendations for Unvaccinated Travelers:**

If you are not fully vaccinated and must travel, take the following steps:

## **Before travel:**

Get tested with a viral test 1-3 days before your trip.

## **During travel:**

- Wearing a mask over your nose and mouth is required on planes, buses, trains, and other forms of
  public transportation traveling into, within, or out of the United States and while indoors at U.S.
  transportation hubs such as airports and stations. Travelers are not required to wear a mask in outdoor
  areas of a conveyance (like on a ferry or the top deck of a bus). CDC recommends that travelers who are
  not fully vaccinated continue to wear a mask and maintain physical distance when traveling.
- Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who did not travel with you. It's important to do this everywhere—both indoors and outdoors.
- Wash your hands often or use hand sanitizer (with at least 60% alcohol).

## Before you travel to the United States by air:

All air passengers coming to the United States, including U.S. citizens and fully vaccinated people, are required to have a negative COVID-19 test result no more than 3 days before travel or documentation of recovery from COVID-19 in the past 3 months before they board a flight to the United States.

# After you travel:

- Get tested with a viral test 3-5 days after travel AND stay home and self-quarantine for a full 7 days after travel.
- Even if you test negative, stay home and self-quarantine for the full 7 days.
- If your test is positive, isolate yourself to protect others from getting infected.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.
- Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.
- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.

Follow all state and local recommendations or requirements.

Expenses: we will cover flight, lodging, service projects, excursions, and most of your food

Condo:

Gated Community Jaco, Costa Rica \$500 per person

Food:

Local market and a few dinners out \$500 per person

**Service Projects:** 

See itinerary \$200 per person

**Excursions:** 

See Itinerary \$300 per person

\$1,950 per person (covered)

Individuals will be responsible for their own spending/souvenir money

We are working to secure support from local Rotary Clubs and the Rotary Foundation. We will be connecting with local Rotary Clubs (San Jose and Jaco) and local Interact Club (San Jose).