

Rotary District 5495

District Grant Final Report

Due April 30, 2022 – Complete at Conclusion of Project

Project Title: Reigning Grace Ranch – P 3831

Rotary Club of: Scottsdale North

Person Completing this form: Brian Carson

Email: bacarson333@gmail.com

Project Description

1. Briefly describe the project outcomes. What was done (in 100 words or less)? The Be Somebody Program is for youth, age 8-17, that have been referred to the program. In a 4 week long, on consecutive Saturdays, 90 minute therapy sessions of 4 -6 youth, a mentors, an equine specialists and a therapy trained rescue horse pursue a journey of self discovery. These session focus on improving emotional awareness, decreasing anger, anxiety, depression and post traumatic stress as well as the formation of healthy attachments and therapeutic alliances.

The evaluation process for each youth is completed using the Goal Attainment Scaling (GAS) Method.

When (dates) and where (city, state and country) did project activities take place?
June thru December 2021 at Reigning Grace Ranch, Rio Verde, Arizona USA.

Who were the beneficiaries? Reigning Grace Ranch scholarship recipients.

2. How many Rotarians participated in the project? 10 Rotarians participated.
3. What did they do? Please give at least two examples.
 - A. Visited Reigning Grace Ranch facility met and interviewed administration.
 - B. Helped select scholarship recipients.
4. How many non-Rotarians benefited from this project? 24 scholarship recipients
5. What are the expected long-term community impacts of the project? Goals that the recipients hope to retain some skill at are: recognizing and managing social anxiety, more confident with horses and themselves, exhibit more positive role model characteristics, more self worth and importance and better personal care.

6. If a cooperating organization was involved, what was its role? None

Financial Report (Use second page, if needed. District must receive receipts of all expenditures)

7. Actual Income		Amount
1. District Grant funds received from the District		2160
2. Club funds		2160
3. Other funding (specify) Click or tap here to enter text.		Click or tap here to enter text.
4. Other funding (specify) Click or tap here to enter text.		Click or tap here to enter text.
Total Project Income		4320

8. Actual Expenditures (please be specific)		
1. Reigning Grace Ranch Scholarships – 24 in total		4320
2. Click or tap here to enter text.		Click or tap here to enter text.
3. Click or tap here to enter text.		Click or tap here to enter text.
4. Click or tap here to enter text.		Click or tap here to enter text.
5. Click or tap here to enter text.		Click or tap here to enter text.
6. Click or tap here to enter text.		Click or tap here to enter text.
Total Project Expenditures		4320

Income and expenditures must balance.

Please upload the completed and signed report and receipts in PDF format to the documents section of your grant page on Rotarygrants.org

Address questions to Rebecca Wilks info@drwilks.com

Photos are appreciated but not required.

By signing this report, I confirm that to the best of my knowledge these District Grant funds were spent only for eligible items in accordance with Trustee-approved guidelines, and that all the information contained herein is true and accurate.

Club President Signature: 

Date: 3/30/2022

Club President printed name: Kevin Edwards

Email: kevin@edwardsdesigngroup.com



REIGNING GRACE RANCH

A place of hope and discovery

March 18, 2022

The Rotary Club of North Scottsdale
8711 E Pinnacle Road
PMB 138
Scottsdale, AZ 85255

Dear Michael Webb,

Last year the Rotary Club of North Scottsdale granted Reigning Grace Ranch the gift of \$4320.00 to use for the scholarship of 24 students into our equine mentorship program, Be Somebody. With these funds we were able to enroll 19 girls and 5 boys between the age range of 12-15 to participate in programming from the months of June - December, 2021. These students came from a single parent, lower socio-economic home where the child had experienced trauma.

The Be Somebody Program integrated the use of rescued horses, trained as therapy horses and was partnered with a mentor, a trained equine specialist, and a horse. Every Saturday, for 4 weeks, groups of 2-5 children actively participated in a 90 minute session that focused on improving emotional awareness, decreasing anger, anxiety, depression, and post-traumatic stress, and the formation of healthy attachments and therapeutic alliances. Session activities included teaching children how to handle horses on the ground - including obstacle course work, vision circle round penning, relationship development, non-verbal communication, herd mentality and therapeutic riding.

Each student was evaluated utilizing, the Goal Attainment Scaling (GAS) Method because it accommodates client-specific achievement measures sensitive enough to capture changes in participant performance that are expected to occur during short intervention periods. For each participant, we created a tailored plan using the GAS tool. This scales information such as horsemanship and supporting skills - social and emotional.

Some of the goals set by the students that were scholar-shipped were as follows but not limited to:

1. Managing Social Anxiety when I feel like people are judging me.
2. Recognizing where anxiety shows up in my body and how to handle it
3. Becoming more confident with the horses
4. Becoming more present
5. Characteristics of a positive role model
6. Self-worth and importance of self
7. Self care
8. Exploring my purpose

We saw a 95% improvement of the students goals set in the Goal Attainment Scaling Method. Fourteen of the students chose to continue in the program after the initial 4 week program was completed.

RANCH ADDRESS

28614 N. 172nd. St. | Rio Verde, Arizona 85263

MAILING ADDRESS

28150 N. Alma School Pkwy. | Suite 103-481 | Scottsdale, Arizona 85262

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#REIGNING GRACE RANCH#

A place of hope and discovery

In conclusion, because of the scholarship funds given by the Rotary Club of North Scottsdale, 24 students were given the incredible opportunity to experience a powerful modality that explores and teaches self-worth, confidence, leadership, emotional regulation, discovering purpose and many more priceless characteristics that equine therapies provide.

With the deepest gratitude and thanks, we appreciate the rotary's gift to these children, for teachings that will last a lifetime.

Happy Trails,

Amanda JS Moore
Reigning Grace Ranch
Founder
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Tax ID # 45-3219899

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