

Cross Timbers Rotary Club Grant Application

Name of Organization: Cumberland Presbyterian Children's Home
Contact Person: Jim Moll
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Address: 909 Greenlee Street, Denton, TX 76201
Amount requested: \$5,000
Is your organization a 501c3 nonprofit?XYesNo
Federal EIN 75-0878543 Do you have fundraisers?x Yes No
If yes, please list:
Our organization held our first large-scale community fundraiser in 2019, a Holiday Brunch with a silent auction and entertainment from local school and church youth choirs.

Briefly explain the purpose of your organization, group or project, and give the number of persons the organization serves:

The Cumberland Presbyterian Children's Home has a 115-year legacy of protecting children and teens and preserving families. We believe that abuse, neglect, trauma, poverty or family circumstances should never prevent someone from experiencing a safe, secure, loving and supportive home.

Established in 1904 by the Cumberland Presbyterian Church as a ministry to widows and orphans, CPCH has been transforming lives on our 17-acre campus in Denton, Texas since the home was relocated from Bowling Green, Kentucky in 1932. Today, we operate as an independent, nonsecular nonprofit. CPCH has evolved since our days as a traditional orphanage, but the heart of mission remains the same. We believe healing and hope are possible for youth in foster care and single-parent families. Through wraparound services, offered with compassion, we empower residents to grow in courage and confidence, realizing that new beginnings are always possible.

Children's Residential Program

On any given day, there are nearly 30,000 children and teens in the care of Texas' Child Protective Services. Each of these youth has a different story, with one common factor-- they're all innocent victims of abuse and neglect.

Texas' foster care system is overburdened and under resourced. Our programs are designed to do more than simply meet the state's growing needs. We focus on healing. In addition to safe housing, we provide individual and group counseling, life skills training, cultural competency activities, spiritual enrichment, mentoring and access to medical, dental and behavioral healthcare.

Emergency Shelter Services: Our emergency shelter provides safety and stability to youth in foster care. Our shelter can serve up to eight children, ranging in age from five to 17. Children can stay in our care for 90 days.

Long Term Residential Care: We operate one cottage that serves boys and girls, ages 11-17, with an emphasis on building coping and life skills before transitioning to community-based care, returning to their

family or moving into adulthood as they age out of foster care. The average stay is one year. The average age in this program is 15.

Residential Treatment Long Term Care: We operate one cottage that serves girls, ages 12-17, who need specialized behavioral health support before they are ready for community-based care or permanent homes. These residents have emotional disorders and difficulties with behavior, unpredictable, non-violent acts, antisocial or isolationist behaviors, self-harming behaviors and suicidal ideation.

We provided 5,382 days of care through our Children's Residential Program in 2019.

Family Residential Program

Financial insecurity destabilizes families and jeopardizes the long-term vitality their families and communities. In Denton County, 46 percent of residents spend 30 percent or more of their monthly household income on rent, and 32 percent of households do not have sufficient assets to live for three months at the federal poverty level should they lose their main source of income. Helping families on the edge feel supported can offer real benefits.

Our Family Residential Program empowers single parents with quality, low-cost housing and supportive services designed to move families from vulnerable to thriving. Often families in this program are overcoming significant challenges beyond poverty, such as family violence.

Our program utilizes the evidenced-based Working Families Success model, which intentionally bundles education/employment services, income support and financial coaching to overcome barriers and advance economically. Our program offers housing with a staggered rent structure to promote money management. Residents attend weekly case management, parenting classes, individual counseling, play therapy and group sessions. We partner with North Central Texas College to offer job skills assessment, career coaching and education opportunities and with United Way of Denton County to offer individualized financial coaching. Residents participate in our program for one year. They attend case management, parenting classes, individual counseling, play therapy and therapy groups.

In 2019, this program served 11 families, with 29 children.

The Importance of Counseling and Treatment Services

We aim to improve mental health across our community. Our counseling staff helped **195 clients** and delivered **993 counseling sessions** to residents in our Children's Residential Program and Family Residential Program, as well as clients in the foster care community not living on our campus.

For what will the grant funds be used?

The purpose of the project is to increase the livability and the enjoyment by the residents of the Cumberland Presbyterian Children's Home. Currently the main outdoor living area, The Pavilion, is in generally poor repair and offers little in the way of usability outside of periodic cookouts.

CUMBERLAND FACILITY

#1 Check all exterior lighting and add flood lights were needed

PAVILION

#1 To repair and increase the lighting in the pavilion using accent type lights to create a more inviting atmosphere for the Residents. We will also reduce the use of metal picnic tables and increase the type and variety of seating using Adirondack chairs made of a Trex type material to reduce maintenance and increase the useable life.

#2 Paint the concrete surface of the Pavilion with games suitable for various ages to increase the usability of the area.

#3 Add and supply 3 game closets for age appropriate games including corn hole games and volley balls #4 purchase and install a volleyball net in grass area close to pavilion

FIRE PIT

#1 Add low voltage path lighting from the pavilion from the pavilion to the fire Pit #2 Replace the benches with Adirondack style chairs. Currently the benches are in very poor repair and are not useable for seating

PLANTER BEDS

#1 Build 8 raised planter beds using 2x10 wood. These will be used by the Mothers in Children's currently residing in the family section of Cumberland Children's Home

The areas described above will create a more inviting atmosphere and provide for more activities for the residents. During our initial meeting, the statement was made that there is little for the residents to do outside. By enhancing these areas our aim is to increase the variety of outdoor activities.

As a Club, we are very generous with our time and to the extent permitted by code, we will use volunteer labor to help complete

the four areas.

Outline the action steps, describing the activities, timeline, resources and materials involved with the project:

The project will be completed by Nov 1st, 2020 and will involve the following steps

- Meet with Executive Director to outline project in terms of timing and meeting the state regulations related to this type of facility
- Work with Licensed electrician to survey and complete any required electrical work
- Acquire the material by Sept. 30th
- Schedule workdays throughout October.
- Volunteer labor will be provided primarily by Cross Timbers Rotary
- Final District Grant Report to be completed by Nov. 15th, 2020

List two other ways to obtain the required funds:

This Cross Timbers Rotary Grant will be matched with District Grant of \$5000

Please list names of Cross Timbers Rotarians involved with your organization:

This Grant will be part of District Grant Cross Timbers Rotary is requesting. Involved Rotarians in the District Grant are

Donna Hernandez, President Shelly Dodge, President Elect Andy Eads, Foundation Chair

Applicant's signature: Jim Moll Date: 08/25/2020