



## **District/Governor's/Rotaract Grant Final Report 2020-2021**

This report must be completed and uploaded on [matchinggrants.org](https://matchinggrants.org) within 30 days after completion of the project but no later than 2 years after the date of approval of the project. For scholarships, the report is due 30 days after payment of funds.

**District Grant # (from [matchinggrants.org](https://matchinggrants.org))** 3419

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Rotary Club: Fort Collins, After Work

Project Title: Kids Feeding Kids Summer Family Breakfast Program

### **Project Description:**

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1. Is this a scholarship governor's grant report? Yes ☐ No ☒ (If yes, go directly to line 16)
2. Briefly describe the project. What was done and where did the project activities take place? Explain how the beneficiaries and other community members were involved?

This is submitted as a Governor's Grant application to support a children's summer breakfast program sponsored by the FoCo Cafe in Fort Collins, CO, called Kids Feeding Kids.

FoCo Cafe's mission is to build community by providing nutritious and delicious meals to the people of Fort Collins regardless of their ability to pay while using mostly local, organic, and sustainably grown ingredients. FoCo Cafe is the first nonprofit restaurant in Fort Collins. Cafe patrons set the price for cafe cuisine in this pay-what-you-can setting. Instead of a cash register, a donation box is on the counter. If you can give more, please pay it forward.

The FOCO Café offered their Kids Feeding Kids summer breakfast program from July 1 to August 14, 2020. The 2020 program took place each Wednesday, Thursday, and Friday from 9 - 10:30 am at the FoCo Café in Fort Collins. Rotary members did volunteer to help deliver the program. 2020 was the FoCo Cafe's fifth year of the Kids Feeding Kids Breakfast Program. FoCo was able to serve 567 meals, including in-program and take-home meals, to 13 families and 30 kids in the community. The program also provided

volunteer opportunities to community members and engaged participants in 20 hands-on, educational activities. Through these activities, participants learned about yoga, composting, river ecosystems, pet handling, pollinators, gardening, ceramics and more.

3. How many Rotarians participated in this project? 4
4. What did they do? Please give at least two examples.

All four Rotarians from our club volunteered to help prepare and serve breakfasts to the families that attended the Kids Feeding Kids summer breakfast program. Rotarians also assisted FoCo Cafe staff members in facilitating educational activities for participants on the days they volunteered.

5. How many non-Rotarians benefited from this project?

Due to the Covid-19 pandemic, the Kids Feeding Kids program had to limit its daily number of participants and was therefore not able to serve as many families and children as previous years. However, the program was still able to safely serve 13 families and a total of 30 children from the community and offer 2 volunteers a spot each day of the program.

6. Who are the beneficiaries and what is the expected long-term community impact of this project?

While the summer breakfast program is open to any family and child within the Fort Collins, CO area, the intended beneficiaries are low-income families and their children who qualify for free or reduced cost school breakfast and lunch during the school year. This program aims to fight food insecurity among children and families as school meal programs disappear during the summer months. This program is expected to increase food security during the summer and promote healthy eating and lifestyle behaviors among participating families, who generally come from lower socioeconomic statuses. Another expected long-term community impact is the empowerment of participants. This is accomplished through the provision of unique educational activities, which teach participants a variety of subjects and life skills as well as instill values of sustainability, equity and community. The program also empowers participants by connecting families and their children with valuable resources and services within the community – even if these resources or services are outside of the kids’ program.

If a cooperating organization was involved, what was their role?

While Kids Feeding Kids is a program provided through FoCo Café, 2020’s program was hosted in partnership with The Growing Project. In light of the COVID-19 pandemic, extra assistance and support was needed for the program, and The Growing Project was able to focus some their efforts as an organization toward supporting Kids Feeding Kids. The Growing Project’s Executive Director helped coordinate and plan the breakfast program with FoCo Café’s breakfast program intern. They also attended the program daily and assisted in day-to-day program operations, including check-in, meal service, and activity facilitation. The Growing Project also provided many volunteers for the program who assisted in serving breakfast and facilitating activities for the participants.

Additionally, the Kids Feeding Kids program had many community partners that helped provide meals and activities for participants. Participants enjoyed healthy breakfasts sponsored by Ginger and Baker, Rainbow Restaurant, Foundations House for Hope, Vindeket Foods, and King Soopers. 2020's activity partners included Once Upon a Princess, Family Balance Yoga, Animal Friends Alliance, City of Fort Collins Natural Areas Department, City of Fort Collins Utilities, Northern Colorado Herpetological Society, Vindeket Foods, The Growing Project, and Flingin' Pots.

7. Income:

Income Source	Amount
State Farm Insurance	\$500
Lions Club	\$1,000
Rotary Club	\$1,200
Facebook Fundraiser	\$245
Colorado Kids First Grant	\$1,000
King Soopers Gift Cards (for food purchases)	\$500
Other Sources	\$100
<b>Total Project Income</b>	<b>\$4,545</b>

8. Expenditures: (number receipts starting with 1 and indicate a receipt # (s) for each expenditure) (Do not include travel expenses)

Expenditure Type	Receipt # (s)	Budgeted Amount	Actual Amount
<b>Food</b>		<b>\$800</b>	
Banana Bread for Week 1 from Foundations House for Hope	Paid cash		\$30.98
Breakfast Burritos for Week 1 from Rainbow Restaurant	Used CC		\$155.51
Produce, Fruit, and Bread from Vindeket	Used CC		\$25
Shredded Cheese, Apple juice, Water	Used Gift card		\$30.31
Red Peppers	Used Gift card		\$2.56
Granola and Heavy Cream	Used Gift card		\$16.33
Granola and Fruit	Used Gift card		\$21.41
Breakfast Burritos for Week 5 from Rainbow Restaurant	Used CC		\$63
Breakfast Burritos for Week 6 from Rainbow Restaurant	Used CC		\$89
Breakfast Burritos for Week 7 from Rainbow Restaurant	Used CC		\$75.60
<b>Total Actual Expenditure:</b>			<b>\$509.70</b>
<b>Administrative Costs</b>		<b>\$700</b>	
Administrative Costs			\$1000
<b>Total Actual Expenditure:</b>			<b>\$1000</b>
<b>Intern Stipends</b>		<b>\$1,200</b>	
July Stipend			\$600

July Stipend from The Growing Project			\$500
August Stipend			\$600
<b>Total Actual Expenditure:</b>			<b>\$1,700</b>
<b>Activity and Marketing Supplies</b>		<b>\$300</b>	
Supplies from Amazon	Used CC		\$164.59
Hand Washing Station (for COVID-19 safety protocols)	Used CC		\$355.00
Marketing Supplies (posters and fliers)	Used CC		\$467.20
Marketing Supplies (posters, fliers, etc.)	Used CC		\$96.13
Wasp Spray	Used CC		\$6.97
Plastic Sheet for Community Library Repair	Used CC		\$25.79
Organization and Activity Supplies	Used Gift card		\$62.26
Organization and Activity Supplies	Used Gift card		\$22.43
<b>Total Actual Expenditure:</b>			<b>\$1,200.37</b>
<b>Total project expenditures covered by Rotary</b>			<b>\$1,200</b>

9. Please explain any variance of more than 5% between the budgeted amount and the actual amount including the reason for the variance and why the alternative was chosen.

The areas of the budget that varied by more than 5% between the budgeted amount and the actual amount were the Intern Stipends and the Activity and Marketing Supplies. For the Intern Stipends, the difference was due to the provision of a \$500 stipend for the summer program intern by The Growing Project (the cooperating organization). This stipend was not originally budgeted by FoCo Café but was provided by The Growing Project because they had additional funds in their budget and wanted to better compensate the intern for time spent on program planning/operations. Therefore, this expenditure was not incurred by FoCo Café and did not affect the overall program budget. For the Activity and Marketing Supplies, the actual expenditures exceeded the budgeted expenditures due to unforeseen programmatic needs. The program staff decided to purchase additional cleaning and sanitation supplies for the safety of participants, such as the hand washing station and additional cleaning supplies and needed more physical marketing materials to hand out during the resource fair. With the donation of \$500 worth of gift cards from King Soopers to be used for the purchasing of food, and with actual expenditures of food that were less than budgeted expenditures, there was extra money in the budget from the Food sector to be used for other purchases. Some items within the Activity and Marketing Supplies sector were purchased using remaining money on the King Soopers gift cards and were therefore accepted within the budget.

10. Project score (5=strongly, 4=agree, 3= neutral, 2=disagree, 1=strongly disagree)

	Project Score	Comments
The overall project was successful	5	
The grant process worked well	5	
My interaction with partner clubs was good	5	
We achieved the results we expected	5	

11. What worked well on this project and why?

Despite challenges presented by the COVID-19 pandemic, Kids Feeding Kids program staff were able to develop an effective safety plan that allowed participants to safely enjoy breakfast and activities without any reported incidents of illness. This safety plan was developed with national, state, and local guidelines in mind and was approved by the Larimer County Health Department prior to beginning the program. Participants reported

being glad that they could get out of their homes and enjoy outdoor activities while still remaining safe and healthy. High levels of satisfaction were reported by participants regarding the quality of the meals they received and the educational merit of the activities they participated in. Participants reported a desire to return next year due to friendly staff, delicious meals, and enjoyable activities that teach valuable skills to children and adults alike. Children and their families were also able to receive food assistance every day of the program in the form of take-home meal, which further promoted food security among beneficiaries.

12. What did not work well and how would you suggest improving it?

Hosting this year's program proved uniquely challenging in light of the COVID-19 pandemic and required programmatic changes to ensure the safety and wellbeing of participants. One limiting change within the program was that participant numbers had to be reduced for social distancing and safety purposes. Daily participant numbers, including staff and volunteers, had to be limited to 25 people in order to comply with guidelines for the reopening of children's day camps. Some families that participated in the program in previous years did not return in 2020 due to this limitation in program numbers and their existing concerns regarding the pandemic, so the program was unable to serve as many families and children as previous years. Furthermore, the 2020 program did not have as many financial, food, or activity sponsors in comparison to previous years. Many of the program's partners from previous years were unable to participate this year because they had not been approved for public programming or could not afford to make in-kind donations. However, these limitations of the program could not be helped given the extenuating circumstances and program staff are hopeful that next summer's program will return to more typical programming and sponsorship.

One last challenge to the program that is being considered by program staff is the retention and prediction of daily attendance among participants. Kids Feeding Kids is open to any family and child who wishes to participate and does not require regular attendance. Although online pre-registration for the program was encouraged as part of the 2020 COVID-19 safety plan, this registration only indicated attendance for the program in general and did not specify attendance for individual days. Some of the families who pre-registered did not end up attending, and some attendants did not pre-register. This made it challenging to predict daily attendance and plan meal numbers or activity group structures. Program staff are working to develop a better method of tracking daily attendance while still keeping the program as open as possible to families.

13. How was this project publicized?

Prior to its beginning, this program was promoted via social media posts, networking emails sent to previous and currently registered participants as well as previous and prospective community partners, and at a drive-thru family resource fair hosted by Realities for Children. At the resource fair, the program's summer intern talked to families about the program and circulated informational fliers to interested parties. During the program, weekly announcements about the program were made on social media platforms and informational emails were sent to participants regarding specific weekly activities. After the program, results were posted on social media platforms and were compiled in an annual program report detailing the program's timeline, sponsors, and outcomes. This report will be shared with donors, sponsors, and other interested parties.

14. Scholarship Governor's grant only

- a. Name of scholarship awardee \_\_\_\_\_

- b. Current school \_\_\_\_\_
- c. University of college they will be attending \_\_\_\_\_
- d. Course of study \_\_\_\_\_
- e. Starting date \_\_\_\_\_

### Project Inventory

Please list all items provided in this grant that are over \$500 in value and are not expendable.  
None.

Item Purchased	Date of Purchase	Cost	Initial Destination/ Location	Comments

By signing this report, I confirm that to the best of my knowledge these District Grant funds were spent only for eligible items in accordance with Trustee-approved guidelines, and that all the information contained herein is true and accurate. Receipts for all grant-funded expenditures are attached. I also understand that all photographs submitted in connection with this report will become the property of RI and will not be returned. I warrant that I own all rights to the photographs, including copyright, and hereby grant the District, RI and TRF a royalty free irrevocable license to use the photographs now or in the future, through the District and the world in any manner it so chooses and in any medium now known or developed. This includes the right to modify the photographs as necessary in the District's and RI's sole discretion. This also includes, without limitation, use on or in the web sites, magazines, brochures, pamphlets, exhibitions and any other promotional materials of the District, RI, and TRF.

**Please attach all receipts or an invoice and a copy of the check used to pay the invoice. Funds over \$100 not used must be returned to the district grants treasurer.**

Certifying signature of primary contact



Date: 10/19/20

Print name: William A. Emslie

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