

## JUNGLE MEDICAL CLINIC II

### WORKING PLAN

**Organization's name:** Organización para la Educación Empresarial Femenina (OEF/EF).

**Project's Name:** Education, Health and Nutritional Care, for families from Puerto El Flor, Department of Usulután

**General Objective:** Improve the life quality of families from Puerto El Flor at Usulután, with emphasis on attention to women and children, by providing primary health services to women and children and elderly health care. In addition to advising families on issues related to the physical, mental and environmental sanitation.

The activities are framed into three components:

#### COMPONENT 1: Primary Health Attention

OBJECTIVE	ACTIVITIES	PERIOD	EXPECTED RESULTS
<b>Provide health care and monitoring to 100% of pregnant women and new mothers</b>	Monthly health checks, according to the Health Ministry rules, to pregnant and postnatal women besides providing guidance on warning signs and symptoms, nutrition during pregnancy and lactation, preparation for breastfeeding, newborn care, among others.  Home visits at least once a month to 100% of pregnant women by the health	Nov 2013 - April 2014	0% of preventable maternal deaths  100% of pregnant women receive their health checks according to Ministry of Health rules.  100% of pregnant or postpartum women with warning signs are referred in a timely manner  100% of postpartum women offer comprehensive care to their

	<p>community promoter to ensure that the measures are implemented during pregnancy care and hospital delivery.</p> <p>Home visits during the first seven days postpartum, by the health community promoter for wound healing -either cesarean section or episiotomy - and removal of stitches, when required, and check the start of breastfeeding and newborn care.</p> <p>On time referral for those pregnant women who need specialized attention and pregnancy care.</p>		<p>newborns.</p> <p>100% of live newborns receive breastfeeding.</p>
<p><b>100% of childbearing age women have Pap smear performed at least once in the year and know about performing breast self-examination</b></p>	<p>At least once a month, Pap smears are preformed to childbearing age women, including the promotion of breast self-examination.</p> <p>Timely reference cases that require specialized handling.</p> <p>Home visits to women who show signs of distress in their PAP or abnormality detected in breast, to verify and receive the required treatment</p>	<p>Nov 2013 - April 2014</p>	<p>100% of childbearing age women of take their Pap smear at least once a year.</p> <p>100% of women of childbearing age perform breast self-examination at least once a month.</p> <p>100% of women with Pap Smear findings or breast lesions receive timely care</p>
<p><b>100% of couples have access to advice related to</b></p>	<p>Provide counseling services to couples related to: family</p>	<p>Nov 2013 - April 2014</p>	<p>At least 80% of childbearing age women are using some family</p>

<p><b>preventing birth deformities, family planning methods and birth spacing</b></p>	<p>planning and prevention of deformities, during monthly health care attention</p> <p>Home visits, at least quarterly, newly formed couples or families with many children, to promote their assistance on preventing birth counseling and family planning.</p>		<p>planning method</p> <p>100% of the newly formed couples or families receive advice on preventing birth deformities and family planning.</p>
<p><b>100% of children under 10, receiving health care checks, according to Ministry of health standards.</b></p>	<p>Provide child health care controls, according to health regulations, to children under 10 years old, providing counseling and supplements according to the needs of each child.</p> <p>Home visits to check weight and height, as well as the implementation of the suggested measures, to families with one or more children (as) with malnutrition problems.</p> <p>Delivery of food baskets to families whom for lack of resources, have one or more members with malnutrition</p>	<p>Nov 2013 - April 2014</p>	<p>100% of children under 10 years receive health checks according to Ministry of Health regulations</p> <p>100% of children with malnutrition problems gaining weight each month.</p> <p>100% of the families that for lack of financial resources have malnourished children, receive a food basket for at least three months.</p>

**COMPONENT 2: Tracking controls and health education**

OBJECTIVE	ACTIVITIES	PERIOD	EXPECTED RESULTS
<p><b>Participating families receive lectures on topics related to disease prevention, mental health, environmental health, etc., at least one a month.</b></p>	<p>Monthly talks, led by the community health promoter, on topics related to physical health, mental health, environment, disability prevention, violence prevention, among others.</p> <p>Taking blood pressure and / or hemoglucotest to known people with hypertension and / or diabetes, and close relatives.</p> <p>Home visits at least every two months to families with at least one member with a chronic illness and / or disability, to assess the implementation of measures to improve family health.</p>	<p>Nov 2013 - April 2014</p>	<p>At least one family member is aware of and implements the recommendations offered during the educational sessions.</p> <p>100% of people with chronic illness attends to regular examinations, thereby controlling their health.</p> <p>100% of families with chronically ill relatives implement measures and preventive care.</p> <p>100% of families provide appropriate care to the Member of family who have a disability</p>
<p><b>Formation of a pregnant club, consisting of the 100% of pregnant women and their families.</b></p>	<p>Educational talks at least once a month, to pregnant women, in order to share about the changes of pregnancy, risk signs and symptoms, risk factors, prevention of disability, among others.</p> <p>Timely babyshower for pregnant women to share with other members of the</p>	<p>Nov 2013 - April 2014</p>	<p>100% of pregnant women know their pregnancy process and prevent risks</p> <p>100% of pregnant women attend and participate in educational lectures.</p> <p>100% of pregnant women apply recommendations provided in</p>

	community and prepare for the arrival of the new member.		home visits and in education and strengthen their self-care.
<b>100% of families with children with low weight, improve their nutritional status</b>	<p>Workshops every 2 months on making soy foods and / or creation of vegetable gardens, prioritizing the participation of mothers with children underweight, pregnant women, people with chronic illness</p> <p>Supply of seeds to families with underweight children to create home gardens.</p> <p>Home visits to monitor the creation of home gardens and vegetable consumption in the family.</p>	Nov 2013 - April 2014	<p>100% of children with low weight, gain weight every month</p> <p>At least 90% of families with children of low birth weight, chronic disease, pregnant women include soy in your diet as nutritional content.</p> <p>At least 90% of families receiving seed, create and produce home gardens.</p> <p>At least 50% of the families produce for home consumption and for sale of surplus production from the home gardens.</p>

### COMPONENT 3: Sanitation actions

OBJECTIVE	ACTIVITIES	PERIOD	EXPECTED RESULTS
<p><b>Families recognize the importance and participate in the activities aimed at the conservation and improvement of the environment</b></p>	<p>Coordinations are established with local actors (mayor, schools, Family Health Community Team (ECOS), community board) to perform, actions on the environment for the benefit of the community health.</p> <p>The health committee members promote and support actions in favor of the environment.</p> <p>At least two abatization and fumigation campaigns will be have, as part of the elimination of dengue disease.</p> <p>Two cleaning campaigns and contest awards for the cleanest housing</p> <p>One tree planting journey, in coordination with ECOS and the mayor.</p>	<p>Nov 2013 - April 2014</p>	<p>At least 80% of families participating in abatization and fumigation, cleaning and tree planting campaigns.</p> <p>100% of families who receive trees give proper care for their growth.</p> <p>Reduction of at least 50% of cases of dengue in Puerto El Flor</p> <p>The winning family receives prizes and agrees to keep it that way and become an example for the community.</p>