

I.- TITLE

Integral Project " Healthy Woman - Healthy House"

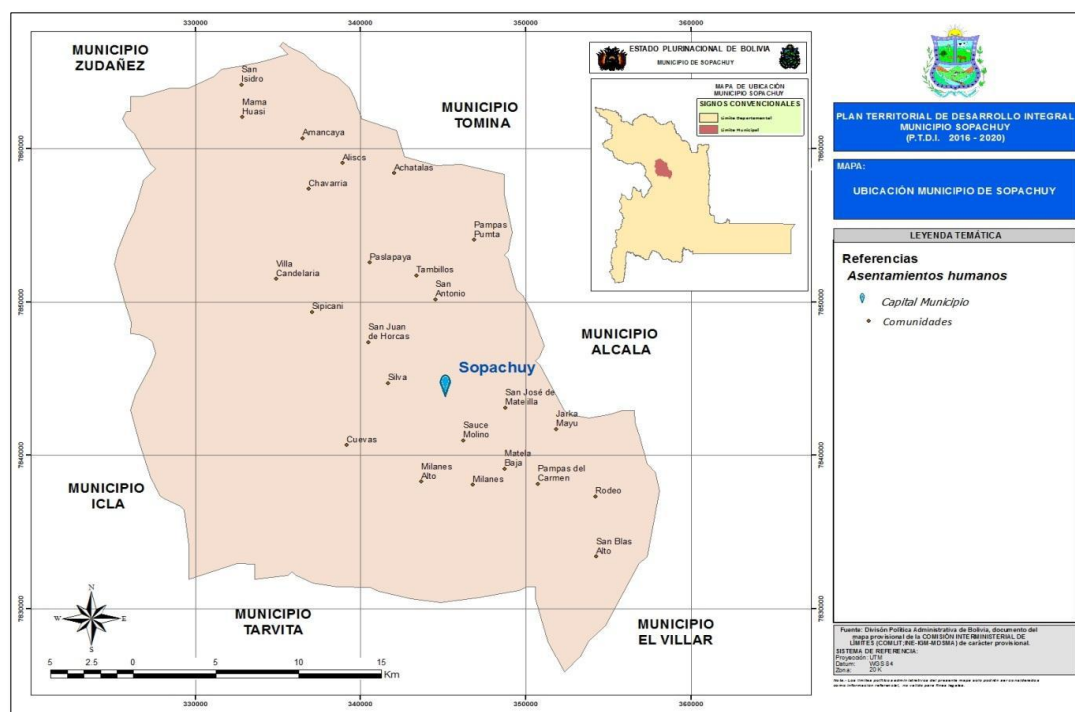
2.- PROPONENT ENTITY:

Rotary Club Sucre Committee of the "Rotary Medical Network"

3.- GEOGRAPHICAL LOCALIZATION:

The Municipality of Sopachuy is included in the Department of Chuquisaca in the third Municipal Section of the Tomina Province between the geographic coordinates corresponding to the parallels 19° 19'42 "to 19° 36'28" of South latitude and the meridians 64° 39'44 "At 64° 23'5" West longitude.

The limits of the Municipality are: To the North: With the municipalities of Zudáñez and Tomina, To the South: With the municipalities of El Villar and Tarvita, To the East: With the Municipality of Alcalá, part of the Municipality of El Villar, To the West: With the Municipality of Icla.



The Capital of the Municipality has the same name and is located 180 km from the city of Sucre (Capital of the Plurinational State of Bolivia), connected by asphalted road of 148 km from Sucre to the town of Arquillos (Municipality of Tomina) and 32 km long paved road from the town of Arquillos to Sopachuy (populated center).

The Municipality of Sopachuy was created on April 1, 1932 under a law promulgated by the then Constitutional President of the Republic of Bolivia Daniel Salamanca and by supreme decree 28-04-1932 the work of the municipal councils was inaugurated on January 1 of 1933.

Within the framework of the constitutional norm, the Municipality of Sopachuy is made up of 2 municipal districts, 24 communities, of which the Community of Pampas Punta is the beneficiary of the Integral project "Healthy Woman - Healthy House".

The total population settled in this territorial jurisdiction according to the data of the Census of Population and Housing 2012 is of 7,312 inhabitants, currently the Municipality of Sopachuy has a population of 9,214 inhabitants.

The Community of Pampas Puntas reports a total of 136 families, based on this figure is that an average of members per family of 4.19 people is obtained, with a total of 587 people of whom 298 are women and 291 men.

4.- DESCRIPTION:

The Integral Project " Healthy Woman - Healthy House ", is an initiative born of the need of the women of the Community of Pampas Punta of the municipality of Sopachuy, who through their leaders and local authorities, request the Club Rotary - Sucre, to be able to support this initiative by transforming it into an integral project framed by the principles and values of Rotary International and its areas of action.

The Integral Project "Healthy Woman - Healthy House " is a project that encompasses the Pampas Punta community, with special emphasis in support of the Mother - Niñ @ binomial, which, being a vulnerable sector of the population, requires the greatest amount of aid in all areas that can be helped.

The project is born from the harsh reality in which the families of the Pampas Punta Community still live, families composed of single women, who for various reasons and other people were left with several children (between 4 to 13), immersed in a great poverty with a subsistence economy, with little local, regional or national support.

These Families, which will be supported, currently live in an area of the municipality, which has a special feature to be in the endemic area of "Chagas disease" or bite of the "Vinchuca" (vector), Chagas in a parasitic disease tropical endemic to America, caused by the "Tripanosoma Cruzi", parasite transmitted by the bite of the "vinchuca", which is found from Mexico to South America, however, the disease is more prevalent in rural regions of Latin America.

The project will implement programs of health education, diagnosis and treatment of prevalent diseases, emphasizing Chagas disease, within the area of action **Prevention and Treatment of Diseases**.

In the **Maternal and Child Health** area, it will carry out education activities to improve Maternal and Child Health, supporting better and greater access to essential medical services in the municipality.

Regarding the area of support for the **Economic and Integral Development of the Community**, the professionals of the Economic Area of Rotary Club Sucre in coordination with the local and departmental authorities, will promote a measurable, sustainable and sustainable economic development, benefiting the communities of the Project and to as many beneficiaries as possible.

With regard to **Low Cost Housing Construction**, a special program of Global Grants, it is intended to benefit 25 families whose characteristics are based on being single women, without their own or community income sources, with an average of children over 5 years old. who have a sick person with Chagas or some type of Disability within their family.

The beneficiaries will be selected from among the community by the communal authorities and the technical evaluation team of Rotary Club Sucre.

5.- JUSTIFICATION:

In Bolivia, of the 154 endemic municipalities that were found as an infested area, through different health programs, it was reduced to 39 municipalities with the presence of the vector, one of these 39 municipalities is the municipality of Sopachuy that is in Chuquisaca, where, in recent years, the number of homes that have positive results has not changed, due to the precarious socio-economic conditions of the population, which does not allow them to have well-built and decent homes, and the number of people infested, is still a figure that it is above the acceptable health parameters.

In this sense, the "Integral Project "Healthy Woman - Healthy House" framed in the fundamental pillars of action of Rotary International, will intervene in the project in actions of Prevention and

Treatment of Diseases, Maternal and Child Health and Economic and Integral Development of the Community , and as an additional component to the fight against Chagas disease Low Cost Housing Construction (25), through global grants, the latter result of the program launched by LFR for the 2017 to 2019 administrations.

Programs and actions that in the short, medium and long term will change the current conditions of the inhabitants of the community involved and benefited from the Municipality of Sopachuy.

6.- OBJECTIVES:

6.1.- General Objective

Provide prevention in the treatment of diseases, support maternal-child health and education, and manage the economic and integral development of the community, with the construction of 25 homes for single-parent families.

6.2.- Specific Objectives.

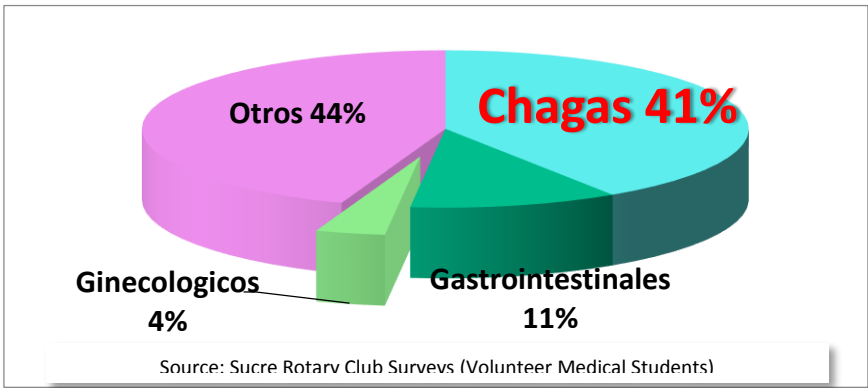
- In the area of Prevention and Treatment of Diseases, through the Committee of the Rotary Medical Network, programs of health education, diagnosis and treatment of prevalent diseases will be implemented, with an emphasis on Chagas disease.
- In the area of Maternal and Child Health, an education activity will be carried out to improve Mother-Child Health and supporting better and greater access to essential medical services in the municipality.
- Reduction of maternal and child morbidity and mortality index
- In the area of Economic and Integral Development of the Community, the professionals of the Economic Area of Rotary Club Sucre will promote a measurable, sustainable and sustainable economic development, benefiting the communities of the Project.
- Operationalize the project with the purpose of improving the quality of life and the economic income of the beneficiary families.
- Construction of low cost housing for 25 families, whose parameters to access this program will be: Women Heads of families without resources, or any support, which will be permanently inhabited with global grant funds.

7.- ACTIVITIES:

7.1.- Prevention and Treatment of Diseases.

- Promotion and prevention campaigns, with the objective of containing the spread of prevalent communicable diseases and their consequences for Pampas Punta.
- Education plan with the objective of training community leaders and supporting health personnel to give continuity to the program's plans.

Statistical Table of Index of People with Chagas



Based on the surveys and interviews with the community of Pampas Punta, it was concluded that of the entire beneficiary population of the Community, we have that 41% have Chagas Disease.

7.2.- Maternal and Child Health.

- Information talks and workshops for adequate prenatal care for pregnant women.
- Training in the field of Maternal and Child Health for health professionals (medical, nursing, community health and midwifery personnel).
- Initiatives to strengthen the mothers' clubs in preventive health.
- Education on birth control and access to family planning methods of Sexually Transmitted Diseases.

Main Causes of Morbidity Municipality Sopachuy
"Community of Pampas Punta"

Age group	Main diseases
In children under 5 years (boys and girls)	Acute respiratory infections, Diarrhea, Dermatological Pathologies, Pathologies Gastroenterologies
In pregnant women	Urinary Tract Infections, Vaginitis Bulb, Acute Respiratory Infections
In non-pregnant women under 45 years	Genitourinary Pathologies, Acute Respiratory Infections, Pathologies Gastroenterology, Dermatological Pathologies
In teenagers women from 14 to 19 years old	Acute Respiratory Infections, Genitourinary Pathology, Dermatological Pathologies, Pathologies Gastroenterologies
In older adults of 45 years	Trauma and confusions, Acute respiratory infections, Neurological pathologies, Pathologies Gastroenterology

Source PMS Sopachuy 2014-2019

Health indicators of the municipality (Epidemiological profile)

Indicator	Rate
Birth rate	10.17 x 1000
Overall fertility rate	3.8
Reason for maternal mortality	10.8 x1000
Mortality rate in the under 1 year	10.8 x 1000
Under-5 mortality rate	10.8 x1000
Acute malnutrition under 5 years	0%
Chronic undernourishment less than 2 years	9%
Life expectancy at birth	67

Source PMS Sopachuy 2014-2019

7.3.- Economic and Integral Development of the Community.

- Transmission of knowledge and Strategies to strengthen entrepreneurs, civic leaders, local organizations and community networks so that they generate added value to their production and / or activity.
- Creation of family ecological gardens.
- Implement breeding projects for organic meat guinea pigs for nutritional improvement for the community and benefit from surpluses.
- Orientation to the beneficiaries so that they have access to financial services, which could include microcredit, savings or insurance.
- Development of agricultural micro-enterprises and subsistence agriculture, including the facilitation of market access for direct beneficiary families.

7.4. Low Cost Housing

- Construction of 25 functional and ecological low-cost housing, through global grants, program of the Rotary Foundation 2017-2019.



Housing View of Pampas Punta

8.- EVALUATION PLAN:

The results obtained from all the actions or components for this project will be reflected in the different types of procedures, instruments and methodologies to be used according to the evaluation plan.

These tools will be the registers, reports, questionnaires, surveys, attendance and control forms, direct observation, construction plans, works progress sheets, periodic evaluations, etc. etc.

8.1. Treatment and Prevention of Diseases:

- 136 direct beneficiary families.
- 20 medical professionals and trained health assistants.
- 544 beneficiaries who receive better quality health care.
- 136 beneficiary families receiving preventive treatment.
- 1 community that already reported results of the prevention and treatment of the disease or Chagas disease. "
- 3 health centers that provide care and training to the population.
- 6 activities between events and training campaigns for the Prevention and Treatment of Diseases.

8.2. Maternal and Child Health:

- 136 families with benefit to the mother-child binomial.
- 54 children under the age of five who receive medical treatment.
- 74 mothers who received Prenatal and Childbirth care at the Health Center under the supervision of the Rotary Medical Network.
- 20 health professionals for Mother and Child care.
- 1 community that reported a reduction in the maternal and infant mortality rate.

8.3. Integral and Economic Development of the Community:

- 50 families total of direct beneficiaries.
- 50 entrepreneur families supported.

- 1 producer cooperative supported.
- 25 jobs created in family gardens.

8.4. Construction of Low Cost Housing through Global Grants

- 25 families evaluated all with women as heads of family without any support.
- 25 Families Beneficiaries with the Construction of permanent homes.
- 25 homes built under the Global Subsidies program.
- 25 families supported with maintenance and security training in their homes.

Total Cost Project
Healthy Woman-Healthy House
Breakdown by Counterparts

DESCRIPTION	Budget in USD	Budget in Bs.	Percentage%
Funds Requested LFR	\$ 200,000	Bs.1,394,000	90%
Counterpart Rotary Club Sucre	\$ 6,500	Bs.45,305	3%
Counterparty G.A.M.S	\$ 3,000	Bs.20,910	1%
Community Counterpart Pampas Punta	\$ 12,500	Bs.87.125	6%
GENERAL TOTAL	\$ 222,000	Bs.1,547,340	100%