

# Estimated Expenses for This Service Project

1. **Casa Conde Suites** – 2 Bedroom Suite \$85/night inc. tax (\$42.50/pp)

❑ First and last night in Costa Rica only

## 2. **Travel:**

Southwest Airline Federal Tax – \$78.00/round trip ticket

San Jose Airport to Casa Conde by Gray Line : \$40.00/pp

From Casa Conde to CATIE (round trip):\$60.00-\$70.00/pp

## 3. **Meals:**

Breakfast at Casa Conde - included

Dinner at Casa Conde (or Cantina) – on your own.

3 Meals/day at CATIE: \$16.00/day includes coffee, tea, milk.

Beer, liquor, soda and tea at International Club is extra.

No soda in the cafeteria

## 4. **Lodging at CATIE:** (*still in negotiation*)

CEE (2 beds, 1 room) - \$40.00/pp

**Centro America Apartments** - \$20.00/pp (3 bedrooms w/one bed, kitchen, laundry, small dining area.

5. **Trip Dates:** 2/3-7/2019 ,      3/10-17/2019,      7/14-18/2019

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# Service Project Activities By Date

1. February 3-7, 2019 – Sustainability House – 10 People
  - a) Inspect demolition progress, electrical, plumbing.
  - b) Purchase electric and hand tools
  - c) Purchase pipes, sinks, paint
  - d) NOTE: We are looking for people with construction experience to go on this first trip. You will be working with the CATIE contractor and our general contractor. Team Lead: Greg Ousley, St Louis, MO.
  
2. February 3-7, 2019 – First workshop to train the young women – 6 People
  - a) Must speak Spanish
  - b) Be on the team designing the programs
  - c) This section is on writing business & marketing plans, setting goals and Part 1 of Finance (“Pricing Your Products”)
  - d) Team Lead: Vanessa Ellison, Denton Evening Rotary Club.
  
3. February 3-7, 2019 – Aquaponics Gardens – 4 People (full)
  - a) Build first aquaponics garden at Sustainability House
  - b) Inspect sites in Santa Cruz, Mollejones, Guyabos and train locals on what they will be building
  - c) Spanish language is helpful but not required.
  - d) Team Lead: Brian Glenn, Denton Morning Rotary Club.

# Service Project Activities By Date

1. March 10-17, 2019 – Sustainability House – 30-50 People (two 3-4 day segments)
  - a) Hang walls, repair floors, build outdoor bathroom
  - b) Build wheelchair ramp, stain or tile kitchen and outdoor eating area
  - c) Install plumbing fixtures, ceiling fans, install new screens on windows
  - d) Paint interior, interior trim, power wash and paint exterior
  - e) Install bamboo covers over walkways, work in greenhouses, repaint recycle bins
  - f) Team Lead: Greg Ousley, ST Louis, MO.
  
2. March 10-17, 2019 – Second workshop to train the young women – 9 People
  - a) Need 6 Spanish speakers
  - b) Be on the team designing the programs
  - c) This section will review homework from Feb onbusiness & marketing plans, setting goals ,Part 2 of Finance,P&L and Budgets, Attracting Global Tourism
  - d) Team Lead: Vanessa Ellison, Denton Evening Rotary Club.
  
3. March 10-17, 2019 – Aquaponics Gardens – 15 People
  - a) Build aquaponics gardens on site with communities
  - b) Train how to grow vegetables in Santa Cruz, Mollejones, Guyabos
  - c) How to care for and what to feed the tilapia.
  - d) Help at Sustainability House if all goes well.
  - e) Team Lead: Brian Glenn, Denton Morning Rotary Club.

# Service Project Activities By Date

1. July 14-18, 2019 – Sustainability House – 6 People
  - a) Complete any work not finished in March
  - b) Finish painting
  - c) Make sure everything is working before turning over to CATIE
  - d) Install Rotary Tribute Tower
  - e) Team Lead: Greg Ousley, St Louis, MO.
  
2. July 14-18, 2019 – Third workshop to train the young women – 6 People
  - a) Need 3 Spanish speakers
  - b) Be on the team designing the programs
  - c) Using social media and the new website to attract tourists.
  - d) Launch the business – etiquette of working with global tour groups/customers
  - e) Team Lead: Vanessa Ellison, Denton Evening Rotary Club.
  
3. July 14-18, 2019 – Aquaponics Gardens – 5 People
  - a) Visit the communities and check on success
  - b) Answer questions, troubleshoot problems
  - c) Determine crop yields (greens & fish)
  - d) Spanish language is helpful but not required.
  - e) Team Lead: Brian Glenn, Denton Morning Rotary Club.