

Butterfly YOUTH YOGA

\$55

**June 9, 16, and 23
2:15-3:30 PM via Zoom**

Ages 4-7



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Open your heart and spread your wings! This traditional vinyasa yoga class is done with a beautiful and brightly colored set of wings.

- » Students will receive a kit with their own butterfly wings, a National Geographic Children's butterfly book, a headband & pipecleaners to make their own antennae, plus a small butterfly card to color and share with a special person.
- » All 3 sessions will include science based stories and movement arts where the body is the primary medium.
- » Ample amounts of space and a good wireless connection are required.

Register Now!

Visit uaf.edu/summer/camps for more info.

**Questions? Contact Summer Sessions
at 474-7021 or summer@alaska.edu**



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GOLDEN HEART
PERFORMING ARTS