## Update from the Community Resource Center April 3, 2020

- CRC's primary objective is to provide emergency assistance, case management, counseling, shelter, and food assistance to individuals and families who are homeless or at risk of homelessness, including domestic violence survivors, in coastal North County San Diego.
- With the shelter in place order in effect, the cost of emergency shelter or motel vouchers for the homeless is both immediate, expensive, and challenging because motels are shutting down. CRC's Food & Nutrition Center (FNC) is distributing food and hygiene items to 50 individuals per day, with an increase in new requests from households not previously served due to loss of income and COVID-19 imposed school closures which have impacted adequate quantities of household food.
- CRC is receiving increased volume of calls from people who have been laid-off, and are now concerned about inability to pay their rent and feed their families. Demand is increasing for homeless prevention help such as rental assistance or utility payments. CRC is serving many new clients including formerly employed lower wage workers needing safety net services. More are coming to CRC for food.
- Demand for CRC services, especially food, mental health counseling, and DV services, will increase significantly as laid off workers get squeezed and stressed by the economic disruption. Low-income individuals cannot improve their work readiness if they are hungry or homeless.
- More than 500 households per week receive healthy food from the FNC.
- Community demand for retail groceries has significantly reduced in-kind donations of fresh proteins, dairy, and produce which FNC usually receives daily from local grocers.