



NORTH

SITE IMPROVEMENT PLAN

SCALE: 1:1200

BAR SCALE

0 25 50 100 150 200 300

Nocona Blue Mound Fitness Park 2019-2020

Project Rotary Chair:

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City of Nocona Co-ordinator:

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Sponsor:

City of Nocona
Federal tax Identification Number 75-6000624

Projected Cost of the Project:

Basic Park Construction: \$ 233,048.00
Park Lighting \$ 56,355.00

Completed Work & Donations
to Date: \$ 84,520.00

Amount of Grant Requested from Rotary:

2019-2020 District 5790 Grant	\$ 3,000.00
2019-2020 Nocona Rotary Club Matching Funds:	\$ 3,000.00
2019-2020 Additional Donations	\$ 0.00
Phase 3 Construction Cost Estimate	\$ 6,000.00

Rotary Grant Fund Purpose:

Rotary grant monies are for the purpose providing materials only for (1) Excavation & gravel surfacing of a new parking lot, (2) Construction of entry traffic gate(s) and mowing of a fitness trail. \$6,000.00. The City of Nocona will donate all labor and equipment required at no cost to the project.

The intent is to undertake grading, and parking lot construction, to install secure entry gates to the site, and mow a fitness path during calendar year 2019 to provide access to the site.

Project Description:

General Description:

The Nocona Fitness Park is intended as a City of Nocona owned and maintained park dedicated to providing residents and non-residents of all ages, an outdoor facility to maintain their general health and well being by use of a walking-biking-running trail together with a shelter and benches for quiet reflection.

The Land:

The 16 ± acre site of the park is the highest point in the City of Nocona and provides scenic views of the surrounding areas in all directions for 15 miles. The site has abundant local trees, and is vegetated with native grasses. Several rock outcroppings occur on the steeper portions of the site. Blue Mound Street adjoins the park on the south side and Grayson Street extends along the west side.

Ownership of the land has been transferred to the City of Nocona through the generous donation of Mr. Cecil Fenoglio with the condition that it be used as a City Park available for use by all citizens of the city and surrounding area.

The Structure Improvements:

In 2013, Mr. Horn (Nocona Rotary Club) working with the City and the Nocona Rotary Club, completed a schematic design of the park for the purpose of acquiring funds for park improvements. A grant application was submitted to Texas Park & Wildlife.

In 2016, Mr. Horn co-ordinated the construction of a meditation gazebo which was constructed on the highest point in the park. The structure was completed in 2016. Funds for the construction of the gazebo were donated by Mr. Cecil Fenoglio.

The Trail and Fitness Improvements:

The Fitness trail is a non-motorized path, 6' wide and approximately 5300 feet long. Constructed of 3" granite paving fines, the trail winds around the site through the trees, climbing up and down the slopes. The plan shows a Trail Entrance near the parking lot with an ADA compliant drinking fountain. Also located at the trail entrance is a shaded rest station approximately 16' x 16'. 6 park benches are located at points along the trail, each with trash containers..

A 40' x 40' fitness station is located along the trail to provide an area for stretching and conditioning. Within the station are separate exercises features appropriate for all ages. An engineered wood or rubber mulch over geo-textile fabric surface covers the exercise station ground surface.

A final phase of the project provides for lighting of the trail, and lighting of the parking lot.

The plan anticipates saving as many of the existing trees as possible, including in particular, the trees along the two adjacent streets to provide screening of the parking lots.

The Parking Lot and Entrances:

The plan anticipates an entry to the Park from both Blue Mound Street and Grayson Street. Pipe Rail entry gates will enable the Park to be closed to vehicle traffic at night. 30 standard parking spaces and 2 handicap spaces are provided. Space for future expansion of the lot is also shown .

The parking lots are to be gravel base surface without curbs or concrete paving. This will enable construction of a firm surface initially to park vehicles, and provide a stable sub-surface to pave the lots in the future.

BENEFITS AND USE:

Nocona does not have a comparable outdoor walking and fitness facility. This fitness trail is intended to be used by the citizens of Nocona and the surrounding area to maintain general good health through exercise.

Currently, local citizens daily utilize the track facilities of the Nocona Independent School District for walking. While this is a benefit to the citizenry, the wear and tear on a facility designed for use by our junior high and high school students is excessive and walking running on streets is a potential hazard and not healthy due to fumes.

The Blue Mound Fitness Park will provide a fitness trail for the citizens of Nocona and surrounding area residents. The elevation changes contribute to better cardio health and views for mental well being.

Additionally, local groups such as the Relay for Life have expressed an interest in using the trail for future fund raising and health related events.

Because of the changes in trail elevation at this park, the Nocona High School athletic Director has expressed an interest in using the trail portion of the Park to provide better cardio training for their student athletes.