

ASOCIACIÓN PARA LA ORGANIZACIÓN Y
EDUCACIÓN EMPRESARIAL FEMENINA
DE EL SALVADOR



FINAL REPORT ON THE PROJECT:
"HEALTHCARE EDUCATION AND CHILDREN EARLY
STIMULATION WITH FAMILIES FROM 6 RURAL
COMMUNITTIES OF EL SALVADOR"

DONOR: MAR SOLANA BEACH INTERNATIONAL ROTARY CLUB

EXECUTION PERIOD:

SEPTEMBER 2019 THROUGH JANUARY 2020

TO BE PRESENTED TO:

MAR SOLANA BEACH INTERNATIONAL ROTARY CLUB

SAN SALVADOR, FEBRUARY 2020.

FINAL DESCRIPTIVE REPORT

This report presents the main activities -on a descriptive way and including pictures -, performed by OEF de El Salvador, with financial support of Mar Solana Beach International Rotary Club, through the project: “Healthcare Education and Children early stimulation with families from 6 rural communities of El Salvador”. The main objective of the project is: to sensitize more than 900 families –mainly women, children and youth- from 6 rural communities of El Salvador – 4 at Chalatenango and 2 at Usulután- about child maternal and sexual reproductive health, mental health and environmental care, as much as promote the integral development of early childhood with pregnant women and children between 0 and 3 years old.

The project was performed between September 2019 and January 2020.

ACTIVITIES PERFORMED ACCORDING TO THE FIVE COMPONENTS:

1.- Family Circles: Family Circles are groups of families with children between 0 and 3 years old, who meet twice a week to share experiences, learn and practice early stimulation games and techniques with their children. Parents participating on Family Circles are guided by Family Educators, who show them the stimulation techniques, but are the parents who practice directly with their children, pursuing an adequate development according to their age - fine and gross motor skills, coordination, language and socio-affective area-.

Families have learned about different topics like: “my first days” through fun songs and “I can”, which require to show affection between parent and child; “my bag of thousand colors”, “how to use the toilet”, “I am an athlete”, “my family tree”.between many others.

According to parents attending Family Circles, the achievements on their children they had seen are:

- Developing relationships between the family and other children
- Showing affection between parents and their children
- Independence and self confidence
- Using the toilet adequately
- Better language expression, between other

Also parents have noticed changes between them, they have improve their relationship inside the own family and between families attending the Family Circle, motivation to do

new things, like celebrate children's birthday, Christmas eve, etc; use games to relate with their children and mainly their interest to practice at home what they learn at the Family Circle and develop caring and closer relationships with their children.

During the project were developed 270 Family Circles journeys, 480 home visit for follow up with 72 boys, 44 girls and 112 families in total.



Families from Community Paniagua at Usulután, during their Family Circle



Children from Community El Milagro, at Chalatenango, during their Family Circle



Children from Community El Roble, on the top; and children from Community Puerto El Flor, at the bottom; who became 4 years old before December 2019, finished their participation at Family Circles, and who had began at Kindergarden on January 2020

2. Healthcare Education: It had been developed 24 educational talks - with an average of 15 people attendance, each- which promoted a share of different experiences which let them learn about health selfcare, initial education, family planning, preconceptional advise importance, prevention of disabilities, inclusion, prevention of chronic diseases between many other topics, which are a guide to help families change habits and improve their health conditions.



Families from Community El Roble during an educational talk about health selfcare.

3.-Women and Children Healthcare: OEF had guaranteed that families participating in this project – mainly women and their children- had attended and received prenatal, postnatal and children timely healthcare, through the health service provided by the Health Community Clinics. These follow up was achieved by 480 home visits, Health Community Facilitators performed to verify the timely attendance of pregnant women and children less than five years old to their healthcare follow up.

Also some medical journeys were performed with the following objectives:

- 3 of them to follow up nutritional conditions of children attending Family Circles
- 3 of them to have Papanicolau Smears of women participating on the project – around 30 women every journey-.



Home visits performed at Community Puerto El Flor



Medical Journey performed at Community El Milagro

4.- Environmental care and food production: Through this component, it was promoted families food production, so 30 chick with vitamins and food between other were deliver to each of 6 families, one per community. This chick delivery had promoted the family to begin a business, selling the grown chicken and mainly improving their own nutrition, mental health and family economy.

Also, families were trained on preparing an organic food for chicken, which is prepared by natural ingredients like: corn, madre cacao trees leaves, panela sugar, between, which are easy to find and of daily use at the communities, and also is environmental friendly and low cost.

Besides, they were performed environmental care activities like: 6 cleaning campaigns with support of Mayor Office and Health Community Clinics, planting of 130 trees, actions to prevent mosquito transmitted diseases like chinkungunya and dengue, which involved people from Health Community Clinics and community leaders.



Fumigation campaign at Community Paniagua, Usulután

5. Community participation: Community families, leaders and local stakeholders were sensitized and involved on the activities described before. According to each community priorities were developed some training topics with the mentioned people, related to prevention of chronic diseases and activities to improved environmental care were performed



Families, community leaders and some local stakeholders attending an assembly to build a community diagnose, to determine the priorities for families healthcare and education at Community Aguaje Escondido, Chalatenango.