## **Project Title**

Palliative Care and Home Care

## Overview

Palliative Care and Home Care is a continuing humanitarian project that inspires many Rotary Clubs in many districts to give their continuous support. Palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with life-threatening illnesses. Through the prevention and relief of suffering by means of early identification, impeccable assessments and treatment of pain and other problems, their physical, psycho-social and spiritual health can be improved.

The main objectives of this project are:

- 1. To provide equipment available for lending to patients on palliative care who are facing problems associated with life-threatening illnesses so that they can use it for home-based care.
- 2. To increase the levels of awareness and attitudes towards palliative care among the general public.

Note: From the information collected by the local hospital (Maechan Hospital), there are more than 900 patients in the Maechan district including 4 nearby districts that are having difficulty breathing because of asthma, emphysema, pneumonia, etc. More than 50 patients need an oxygen concentrator while the hospital has only 10 units available for lending. Most of the patients who are in home-based care also develop bedsores because their caretakers don't have enough time to look after the patients. Therefore, the anti-bedsore mattress can be used in these situations. The Maechan Hospital has only 10 anti-bedsore mattresses available for lending.

## **Budget**

Category	Description	Local cost/Unit	Cost in USD	Amount	Total Cost	Cost in USD
Training	Public awareness on palliative care	20,000.00	645.16	1	20,000.00	645.16
Equipment	Oxygen concentrator	11,000.00	354.84	34	374,000.00	12,064.52
Equipment	Anti-bedsore mattress	6,500.00	209.68	10	65,000.00	2,096.77
Project management	Management	6,000.00	193.55	1	6,000.00	193.55
					465,000.00	15,000.00
				Available	465,000.00	15,000.00