

## Progress Report – Healthy Bermuda

The Healthy Bermuda Project has started last year with the club first ever Five K Run . The proceed of the event were used to fund the 50% of the budget of the project , the other 50% came from the District Grant .

The Healthy Bermuda Project was not a project we could have rushed and it is a long term project involving multiple players .Basically the project objective is to improve the health of the Bermudian community by increasing awareness and educating people on risk factors of non communicable diseases .

The Five K Run done last year had as a theme which was conquering Kidney disease and the run has increase the awareness of kidney disease in the island and prompted more people to get screened for kidney disease .

A lot still has to be done and nothing can be rushed .The end of the previous Rotary year was extremely busy and things could not move as fast as we wanted .

Right now almost all the players are off Island for summer break and activity will resume in mid September .

A lot of underground work which is time consuming has been done toward the Healthy Bermuda Project like developing a solid relationship with the King Edward Memorial Hospital .

As a consequence of this relationship is the HRC will become a partner with the hospital in it campaign toward Stroke Prevention .

Part of the money of the grant will be used to finance several infomercials used to educate the population on Stroke Prevention .

I will assure you that the funds allocated to this project will be well spent and the project will be having some momentum starting September and most likely by December we may conclude this project .